

*Thoughts of Loss*

Losing a loved one makes you think of the small moments.

Like when you held hands and listened to them tell stories.

It makes you miss the most mundane things.

Like what they smelled like and what their favorite shirt was.

It makes you think of the big things.

Like graduations, weddings, births, and deaths.

It makes you think of the things that never happened.

Like birthdays and Christmases.

Simply put, losing a loved one makes you *think*.

–Maysen Matthews

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